

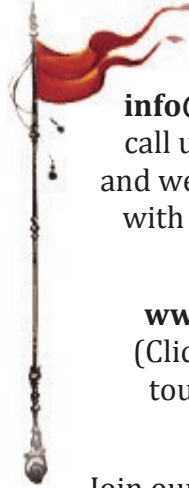
Activities

- ◆ Yoga
- ◆ Celebrating Hindu Festivals
- ◆ Discussions
- ◆ Workshops
- ◆ Games
- ◆ Community Service Projects
- ◆ Weekend Retreats
- ◆ Speaker on Campus
- ◆ Yuva for Sewa
- ◆ Tattva Magazine



Vedic Math Workshop at
California State University

Contact Us



E-Mail us at:
info@hinduyuva.org or
call us at (973)860-2477
and we will put you in touch
with the nearest chapter.

Visit us at
www.hinduyuva.org
(Click "Join us" to get in
touch with your local
chapter.)

Join our **Facebook** group -
search for "Hindu YUVA"

“
*This life is short, the
vanities of the world are tran-
sient, but they alone live who
live for others; the rest are more
dead than alive.*”

-Swami Vivekananda

Hindu YUVA is a youth program of
Hindu Swayamsevak Sangh



(www.hssus.org)

Hindu YUVA



**Youth for
Unity, Virtues
and Action**



**A unique opportunity
to learn, serve and
have fun!**

What is Hindu YUVA?

What are our goals?

Hindu YUVA aims to *preserve, practice, protect, and promote Hindu Dharma* by bringing together Hindu youth.

Our goals include:

- ◆ **Creating opportunities** for college communities, both students and faculty members, to practice Hindu Dharma, or the Hindu way of life.
- ◆ **Doing service activities** in and around campus to benefit the local community.
- ◆ **Raising awareness** about issues affecting Hindus around the world.



Celebrating Raksha Bandhan with local mayor

Why join Hindu YUVA?

- ◆ **Learn** more about Hindu Dharma.
- ◆ Become a **confident** Hindu.
- ◆ Have **fun** while exploring your identity and culture.
- ◆ **Meet** like-minded young Hindus.



Discussion at annual Hindu YUVA retreat in Texas

What makes us unique?

- ◆ We meet once a week to create a **regular and sustained cultural experience**.
- ◆ We focus on gaining knowledge about Hindu Dharma not just through presentations or books, but by *immersing* ourselves in firsthand experience: by doing **yoga, playing games, doing Indian martial arts, and having intellectually stimulating (and very lively!) discussions**.



- ◆ We develop a **welcoming and friendly atmosphere** so that positive thoughts and actions can flow from our group.

FAQs

How do I join Hindu YUVA?

Just start participating in our activities. Anyone is welcome to join. Contact us (see back) and we will put you in touch with the nearest chapter.

Is there a membership fee?

Hindu YUVA is like a family, so there is *no* membership fee.

How many campus chapters are there?

There are 21 campus chapters and the number increases every year! Visit our website (www.hinduyuva.org) for a full list of chapters.

Can I start a chapter at my university?

Yes! Contact us, and we will give you a resource package and connect you with local volunteers to help start a chapter.

What makes Hindu YUVA fun?

Too many reasons to list here...come and see for yourself!



Holi celebration by Hindu YUVA, UNC Chapel Hill